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| **SARAH** CAREY  1009 Carberry Gardens, Victoria BC · 250-532-5389  Sarahcarey04@gmail.com |
| Youth worker with over a year experience in respite relief and child-minding, working with individuals with complex behavioral issues and addiction. Positive role model focused on supporting development and teaching new skills. Certified in basic first aid and Naloxone. |

# Experience

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| 2017 - 2019  Office reception – The Glenshiel housing Society  Scheduled and coordinated meetings, appointments, and viewing arrangements for management  Demonstrated proficiencies in telephone and front-desk reception within a high-volume environment.  Dealt with bookings by phone, e-mail, letter, fax or face-to face.  Dealt with complaints and problems. 2018-2020 Respite relief worker: Children and families  Provided child-minding for former foster parent for individuals with complex behavioral issues; challenges with fetal alcohol/ trauma/addiction.  Upheld youth safety standards in all tasks and activities; participated in recreation outings.  Communicated regularly to guardian about children and youth’s progress and issues. |
| 2020 Indigenous Residential at Risk youth Worker, Binkadi Community Services/Co-op  Performed outreach to street entrenched youth who have multiple and complex needs related to persistent and significant substance use and mental health challenges.  Maintained and updated work documentation to track youth issues and progress; reported and filed missing person’s report when needed; administered medications.  Communicated regularly with workers and law enforcement to share information and address concerns |

# education & community service

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| 2021 Associate of Arts Degree Pre-Social Work: Camosun College, Victoria BC  **2019**  Service volunteer - Camosun College Students: Victoria Women’s Transition House Collected charitable contributions for the organization in the form of grocery gift cards and hygiene essentials to support women from fleeing domestic abuse. |

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| Skills  * Harm reduction * Strong understanding of the importance of confidentiality; privacy with all issues * S | * Good interpersonal skills; able to problem solve and deal with conflict effectively * Knowledgeable of community resources |