* Ran adaptive activities and programs to promote the physical and mental wellbeing adults and children dealing with different types of disabilities.
* Tailored activities to meet individual needs and interests, and encourage participation.
* Liaised closely with family members and other volunteers to ensure all client needs were met.
* Promptly mediated and de-escalated crises and conflicts, averting issues through early intervention and guidance.
* Provided both one-to-one and group support, encouraging individuals to build their self-confidence and empowering them to strive to be the best version of themselves.
* Taught both individual and group sessions, supporting individuals of all ages in experiencing skiing and mountain biking.
* Planned and developed engaging and fun lessons while creating and maintaining a positive, safe, and inclusive environment where people of all backgrounds could explore their passions.
* Guided students in developing goals and working towards continuous progress.
* Maintained the utmost level of professionalism, ensuring the highest level of service.
* Accomplished a broad range of administrative and clerical functions, ensuring efficient day-to-day operations.
* Collated and compiled operational data, presenting detailed reports to management.

**Ski Instructor / Mountain Bike Instructor 2014 – 2017**

**Winsport**

**CAREER SUMMARY**



**PROFESSIONAL EXPERIENCE**



**INVOLVEMENT**



**Ski Instructor 2015 – 2017**

**CADS (Canadian Association for Disabled Skiing)**

* Worked in a broad range of settings including retail, construction, and plumbing, learning how to interact efficiently with different temperaments and personalities.

**Retail / Construction 2009 – 2014**

**TECH SKILLS**

MS Office Suite (Word, Excel, PowerPoint, Outlook)

G Suite

Adobe Creative

**EDUCATION**

**High School Diploma / 2013**

Central Memorial High School, Calgary

Growth-focused professional with a multifaceted background and hands-on experience in working with children and adults struggling with developmental and physical disabilities. Highly organized and detail-oriented, adept at prioritizing and allocating resources to meet demanding goals while reinforcing the highest standard of service quality. With excellent interpersonal, communication, and relationship-building skills, adept at liaising efficiently with people of all backgrounds. Passionate and driven individual with an unwavering commitment to support disadvantaged and at-risk stakeholders in improving their physical, social, and mental wellbeing.

**CORE AREAS**

Administration

Data Analysis

Event & Activity Planning

Lesson Planning

Program Governance

Project Management

Reporting

Research & Analysis

Teaching & Instruction

Training & Mentoring

* Directing/ leading teams in performing a wide range of activities, maintaining the utmost standard of efficiency and safety.
* Coordinating multiple projects and special initiatives ranging in size and scope, establishing priorities and allocating responsibilities to facilitate delivery.
* Maintaining and servicing equipment, completing documentation and records, and producing various reports as required.
* Training and mentoring junior personnel, providing ongoing support to facilitate continuous team development.
* Completed seven-month deployment abroad in an active combat area.

**Boatswain 2017 – Present**

**Canadian Armed Forces**

**PERSONAL SKILLS**

Adaptability

Communication

Creativity

Cross-functional Team Collaboration

Multitasking

Patience

Persistence

Relationship-Building

Time Management

**CERTIFICATIONS**

**Standard First-Aid Level C**

**WHIMS Training**

**CONTACT**

**(587) 703-0940**

**Kodjot1@gmail.com**

**Victoria, BC**



**LEVI THOMPSON**

**Reference’s**

**Joe Dagenais**

Chief petty officer 2nd class

Chief of seamanship division

Canadian Armed Forces

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Victoria, BC V9A 7N2

[Joe.Dagenais@forces.gc.ca](mailto:Joe.Dagenais@forces.gc.ca)

Work (250)-363-4313

Cell (250)-858-6731

Joe was my buffer on the HMCS Regina for 3 years, in which we partook in a 7 month deployment and multiple sails

**Trevor Prinz**

Architectural Technologist

Collabor8 Architecture & design

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Trevor is a former work college from winsport and close friend of 8 years.

**Eric Arabia**

Sailor 1st class

Canadian Armed Forces

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Cell 1(807)-629-9491

I deployed with Eric in 2018, He is a current work college and a close friend outside of work.

**CONTACT**

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**Victoria, BC**



**LEVI THOMPSON**